ALTON CANOE CLUB

Generic Outdoor Risk Assessment

Assessment carried out

Location

Activity

ARRIVALS AND

DEPARTURES

ACTIVITIES ON THE

GENERAL ITEMS

WATER

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What are the hazards

Loose kit and equipment

Manual handling injuries

Injury from paddles and boats

Knocks, bumps and bruises

Slip, trips and falls

Kit checks

Drowning

Entrapment

Illness and diseases

Hyperthermia (sun stroke!)

Serious injury and emergencies

Hypothermia

Supervision

First Aid

Pinning

Roads and carparks

Sea, estuaries and tidal rivers

Action

emptying.

sessions.

dictate.

aid kit.

of trip hazards.

when near and on the water.

Make participants aware of risks regularly.

All members are to be made aware of traffic and to take care in carparks and when crossing roads.

Educate all members on the correct method of lifting boats onto and from the water, including whilst

All participants must have attended the clubs outdoor ready pool sessions prior to attending summer

Members are to be regularly instructed on the dangers from mooring buoys, boats and fixed objects.

Inform participants of any likelihood of infections. (i.e., Weil's disease and untreated waste water)

Participants are to wear appropriate clothing (as indicated in the Outside Meeting Statement)

There is to be at least two mobile phones and first aid kits carried on the water during the session.

Participants are to be made aware of the risk and sun screen is to be carried be supervisors if conditions

All participating members are to have been taught how to confidently use a spray deck

Parents and guardians of under 18's are to be reminded of their responsibilities.

afloat. Also to prevent their kit from creating a trip hazard or obstruction.

All participants are to wear suitable footwear which provides sufficient grip.

Helmets are to carried, accessible and to be worn when instructed.

A suitably experienced and/or qualified member is to oversee all activities. A land based contact person is to be locally present during all activities.

All supervisors are to have received relevant first aid training.

Local hospitals will be indicated on the relevant float plan.

Educate all members to lift in pairs when and where possible

Date of next review: February 2026

RISK RATING Date: 31 March 2025 RISK SCORE NOTE: THE 'ACTIVITY SPECIFIC' RISK ASSESSMENT IS ALSO TO BE CARRIED OUT PRIOR TO GOING AFLOAT. Additional action 2 Educate members to have consideration for other members and the general public whilst preparing to go 2 2 Remind members that the surrounding areas will be slippery, especially in wet conditions and to be aware 2 2 All participants kit and clothing are to be checked before launching, especially buoyancy aids and spray decks. 2 All participants must be water confident and able to swim at least 25m and wear a buoyancy aid at all times All supervisors are to have received relevant first aid training. 2 2 4 8 Ensure spray deck release toggles are visible once afloat. 2 8 2 4 Hand sanitiser to be made available. 4 2 2 2 The land based contact person will carry the club contact mobile phone, emergency contact list and a first